

Stiffness of the Shoulder and Elbow

Why does it get stiff and what shall we do about it?

- | | |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| 7.45 – 8.30 | Registration |
| 8.30 – 8.40 | Welcoming and introduction |
| 8.45 – 9.45 | Stiffness: what, why and when
Paul Ackermann PhD, MD, Ort Surg, SWEDEN |
| 9.45 – 10.15 | <i>Coffee and Sandwich, while visiting the exhibitors</i> |
| 10.15 – 11.00 | Post traumatic stiffness of the Elbow
Carl Ekholm PhD, MD, Ort Surg. SWEDEN |
| 11.05 – 12.05 | Physiotherapy of the stiff Elbow
Jelle Heisen MSc, PT, NETHERLANDS |
| 12.05 – 13.15 | <i>Lunch and visit the exhibitors</i> |
| 13.15 – 14.00 | Post traumatic stiffness of the Shoulder
Michael Toft Væsel MSc, MD, Ort Surg. DENMARK |
| 14.05 – 15.05 | Physiotherapy of the stiff Shoulder
Lisbeth Rejsenhus PT, DENMARK |
| 15.05 – 15.35 | <i>Coffee and sweets, while visiting the exhibitors</i> |
| 15.35 – 16.35 | Frozen Shoulder: is it really frozen?
Luise Hollman PhD student, PT, AUSTRALIA |
| 16.40 – 17.10 | A shoulder surgeons perspective of teamwork with physios
Jan Nowak PhD, MD, Ort Surg - one of the founders of EUSSE, SWEDEN |
| 17.10 – 17.30 | Closing of the symposium |
| 17.30 – 18.30 | EUSSE AGM |